



Summer Class Schedule

Classes begin Monday August 14th, 2023

Question on placement level for classes? Email Coach Jiya at info@charlottedancecollective.com with questions & be sure to include your cell number in the email (its quicker for her to respond via text).

CDC All Access Pass offers summer fun & training with great pricing for only \$149 per child. Take unlimited classes listed as drop in (by level please & doesn't include bootcamps) during our summer class schedule. Learn to dance, enjoy challenging gymnastics / acro classes, hip hop and more.

The Collective All Access Pass Plus – includes all drop-in classes and bootcamps for summer classes \$209 (to attend bootcamps please register online and your fee will be waived. You do not need to register for individual drop-in classes)

The Collective All Access Pass Plus Family – includes all the above for up to 3 family members that live in the same household \$259. Please register for the bootcamps you are attending but do not need to register for drop-in classes



Hip Hop (DROP-IN Class) - is a style of movement characterized by bounces and rocks, executed to Hip Hop music. It has deep historical and social roots in African American culture, having emerged in Black communities living in 1970s New York. Hip hop dance began as a freestyle dance performed in the streets by dance crews but has since grown within the entertainment world with on stage performances, music videos, movies and more!

Attire: Shorts, tee, sports bra, leggings, and sneakers

Mon & Tues



Aug 14, 15, 21, 22



Beg/Inter



6:00 pm – 6:45 pm



Inter/Advanced

6:45 pm – 7:30 pm

	<p>Drop-In classes are included in all passes. Drop-in rate \$15 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	
	<p>Hip Hop Bootcamp – this class prepares you for Coach Ty’s National Championship Award-Winning Hip-Hop Team! This bootcamp focuses on technique, coordination, and isolation movements followed by tricks and high energy kicks. Dancers will learn breaking moves such as top rock, down rock, stalls, and power moves which help to build agility and strength. Dancers will also learn our signature Hip-Hop style including freestyle, krumping, locking, and popping. Attire: Hip Hop Dance Crew inspired practice wear</p> <p>Space is limited. This bootcamp is included in The Collective Pass, but not the CDC Pass. Drop-in rate is \$45 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	<p>Thurs August 17</p> <p>Beg/Interm 5:30 – 7:00 pm</p> <p>Interm/Adv 7:00 – 8:30 pm</p>
	<p>Ballet, Lyrical, Contemporary, Jazz, African Dance (DROP-IN CLASS) - Lyrical dance is a fusion of ballet and jazz techniques incorporating dramatic motion to modern music. This class will focus on developing and strengthening a dancer’s core technique. Ballet is the foundation of all dance forms, and the course will explore balance, strength, alignment, and presentation. Attire: tank top, sports bra, shorts, or leotard</p> <p>Drop-In classes are included in all passes. Drop-in rate \$15 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	<p>Wed 16, 23, 30</p> <p>Beg/Inter/Advanced Ball/Lyr 6:00 – 6:30 pm Contem 6:30 – 7:00 pm Afro/Jazz 7:00 -7:30 pm</p>

	<p>Beginner, Intermediate, & Advanced Ballet Bootcamp – The beginner level introduces a structured ballet class implementing ballet vocabulary and positions. Instruction involves strong concentration on correct body alignment, along with the development of attention span, discipline, and musicality. The intermediate and advanced levels build upon their training in fundamental concepts of ballet technique, vocabulary, and studio etiquette. This class focuses on the development of body positions and alignment, jumping, turning, and musicality. Dancers are taught proper body placement, body alignment, barre, and center floor work, along with across the floor combinations.</p> <p>Attire: Black or Hazelnut Leotard</p> <p>Space is limited. This bootcamp is included in The Collective Pass, but not the CDC Pass. Drop-in rate is \$45 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	<p>Thurs August 24</p> <p>Beg/Interm 5:30 – 7:00 pm</p> <p>Interm/Adv 7:00 – 8:30 pm</p>
	<p>Kids Ballet & Jazz - Beginner/Intermediate Dance Class offered to kids ages 5 – 9 yrs. old. Summer is a great time to try dance classes for the first time or master skills learned throughout the year!</p> <p>Attire: tank top, tee, shorts, or leotard</p> <p>Drop-In classes are included in all passes. Drop-in rate \$15 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	<p>Mon 14, 21, 28 5:30 – 6:15 pm</p>
	<p>Floor Gymnastics/Acro - is an action-packed class focused on the basics of floor tumbling including forward rolls, backward rolls, handstands, back bends, cartwheels, and fundamentals of acrobatic strengthening.</p> <p>Attire: tank top, sports bra, shorts, or leotard</p>	<p>Tues 15 & 22</p> <p>Beg/Interm 5:30 – 6:15 pm</p>

	<p>Drop-In classes are included in all passes. Drop-in rate \$15 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	
	<p>Back Handspring Bootcamp - If your gymnast has mastered a bridge kick over, then the back-handspring bootcamp is the place to be! This bootcamp will focus on mastering or achieving their front/back walkover and back handspring or back tuck. This bootcamp will be filled with stations and drills along with spotting to achieve this skill.</p> <p>Attire: tank top, sports bra, shorts, or leotard</p> <p>Space is limited. This bootcamp is included in The Collective Pass, but not the CDC Pass. Drop-in rate is \$45 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	<p>Sat August 19, 26 10:00 am – 12:00 pm</p>
	<p>Aerial Bootcamp – focuses on the steps necessary to properly do an Aerial. An Aerial is a gymnastic/dance acro skill where hands are not touching the floor. This skill requires the use of the power of your legs to perform properly. Dancers attending this bootcamp MUST have a cartwheel, walkover, and back handspring.</p> <p>Attire: tank top, sports bra, shorts, or leotard</p> <p>Space is limited. This bootcamp is included in The Collective Pass, but not the CDC Pass. Drop-in rate is \$45 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	<p>Sat August 19, 26 9:00 – 11:00 am</p>

	<p>Leaps & Turns Bootcamp – is intended for beginner, intermediate & advanced dancers and will be offered in two levels. This Bootcamp will focus on developing the skills necessary to perform a variety of turns and leaps i.e., pirouettes, a la seconde turns, coupe turns, pencil turns, attitude turns, leg hold turns, jetes, switch leaps, firebird leap, stag leap, barrel turns, etc.</p> <p>Attire: tank top, sports bra, shorts, or leotard</p> <p>Space is limited. This bootcamp is included in The Collective Pass, but not the CDC Pass. Drop-in rate is \$45 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	<p>Thurs August 31 5:30 – 7:00 pm</p>
	<p>Stretch & Conditioning – this class is a combination of deep stretching and body conditioning. The class is heavy in cardio to increase endurance for the dancer. The class includes several arms, abdominal, and leg exercises to strengthen the entire body. Strong muscles are vital for protecting the body and of course improving dance skills!</p> <p>Attire: tank top, sports bra, shorts, or leggings</p> <p>Bring: Yoga Mat</p> <p>***Parents may attend this class with dancer at no cost</p> <p>Drop-In classes are included in all passes. Drop-in rate \$15 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.</p>	<p>Mon Aug 28 6:15 – 7:30 pm</p>



Kicks, Splits, & Extensions – focuses on “Everything Legs”!! In this class, dancers will not only work on flexibility and leg control, but also strengthen their core. Lifting your leg and holding it in the air for an extended period requires dancers to engage abdominal muscles, lower back muscles, and hip muscles. This class will help with balance, control, posture, and strength.

Attire: tank top, sports bra, shorts, or leotard

Bring: Yoga Mat, Blocks, Resistant Bands

Drop-In classes are included in all passes. Drop-in rate \$15 if you prefer not to purchase a pass. Drop-in rate MUST be paid at the beginning of each class.

Tues

Aug 29

5:30 pm – 7:00 pm